



Jewish Drum Circle

Join us for this participatory Jewish themed drumming experience with local expert **Janet Novins**. This will be a fun **adults-only afternoon event** of mindful drumming based on the ***Shema!***



Sunday, April 28
2:00 pm* – 4:00 PM
The Emanuel Synagogue
Koret Hall

No experience necessary - drums, rattles and shakers will be provided (or feel free to bring your own – no tambourines please.)

Why a Jewish Drum Circle? There are a number of ways one can praise *HaShem*- drumming is but one, along with the 'timbrel' (mentioned in Psalm 150) or 'tabret', the principal percussion instrument of the ancient Israelites. Drumming is shown to enhance mental clarity, elevate mood and strengthen a sense of community, as participants feel the rhythms flows right through!

Fee: \$10/person, Limited to 26 participants

Only enrollments with payment received by Thurs April 25 will be confirmed as registered. For planning purposes, same day walk-ins can not be accepted

To enroll:

Send cash or check (made to "Emanuel Synagogue Adult Education" with "Drum Circle" in Memo line).to the Synagogue office..

***Program to begin promptly at 2:00 pm so please plan accordingly. No Late admittance**

Sponsored by The Emanuel Adult Education.
For questions: Ori Clare at oclare1@gmail.com

The Emanuel Synagogue, 160 Mohegan Drive, West Hartford CT 06456
<https://emanuelsynagogue.org/>

Early Bird:
\$5/person until
March 29,
ENROLL TODAY!